



VISIT
EASTBOURNE

Accessible places to eat in and around Eastbourne

A listing of restaurants and other places to eat is available from the Eastbourne Visitor Centre or online at www.visiteastbourne.com under 'See & Do - Food and Drink'. You will find many of the hotels offering coffees, lunches, afternoon teas and dinners to non-residents who have wheelchair access like The Hydro, The Grand, The Lansdowne, The View, West Rock, Devonshire Park, The Langham, The York House, etc.

The seafront promenades have kiosks and small cafes where you can enjoy refreshments and ice creams mostly with outside seating. The Harbour Waterfront area is very accessible for wheelchairs and all the cafes and restaurants have inside and outside seating areas. Some have wheelchair accessible toilets.

The following restaurants and cafes are accessible and can cater for wheelchair users, this is not a complete list but gives you some ideas that our members have put together. We suggest you make prior arrangements to ensure your needs can be met.

4 Seasons, 3 The Waterfront, Sovereign Harbour, BN23 5UZ. 01323 470704. Level access with outside seating. Website: <http://www.4seasonsbrasserie.co.uk/>

Beach Deck, Royal Parade next to Treasure Island, BN22 7AE. 01323 720320. Ramped access, wheelchair toilet. Offers inside or outside seating. Blue badge parking spaces in car park adjacent. Also public wheelchair toilet by bowling green pavilion. Website: www.thebeachdeck.co.uk

Birling Gap Cafe (National Trust), BN20 0AB. 01323 423197. Car park (charges), Blue Badge parking spaces. Free parking for national Trust members. Wheelchair toilet in car park toilet block. Cafe, shop and Information centre and exhibition on local area, free admission. Hearing loop at till points in the café & shop. Website: www.nationaltrust.org.uk/birling-gap-and-the-seven-sisters/

Bistrot Pierre, King Edwards Parade, BN21 4EE. 01323 415779. Indoor and outdoor seating, would advise booking if you want to visit the restaurant. Limited space when busy but staff are very helpful. Website: <https://www.bistrotpierre.co.uk/locations/eastbourne/>

Chalk Farm Hotel, Coopers Hill, BN20 9JD. 01323 503800. Wheelchair toilet. Bar and Restaurant Accessible. Website: www.chalkfarmldc.co.uk

Di Lieto's, 9 The Waterfront, Sovereign Harbour, BN23 5UZ. 01323 470990. Level access with outside seating. Website: <https://dilietos.com/>

DQ Terrace Bar & Cafe, Welcome Building, Compton Street, Eastbourne BN21 4EQ. 01323 415400. Eatery within the Devonshire Quarter, serving brunch and light lunches. Located inside the Welcome Building, next to the Congress theatre. Easy access, Accessible toilet adjacent to the cafe. Indoor/outdoor eating area and easy read menus. Opens daily 10-5pm with extended opening times during theatre shows. Website: <https://www.visiteastbourne.com/food-and-drink/dq-terrace-bar-and-cafe-p1237541>

Harry Ramsdens, 258-260 Terminus Road, BN21 3DE. 01323 417454. Fish and Chips chain. Large dining area with accessible wheelchair toilet. Few tables outside. Website: www.harryramsdens.co.uk/book-a-table/

Hikers Rest, East Dean BN20 0DR. 01323 423733. Parking area nearby, tarmac slope to cafe, level access, wheelchair toilet, small outside area. Gifts. Website: <https://www.beachyhead.org.uk/explore/hikers-rest-tea-room/>

Hillier Garden Centre, Hailsham Road, BN24 5BS. 01323 763240. Large cafe within centre and coffee bar, inside and outside seating areas. Wheelchair toilet. 5 wheelchairs available for public use. Blue Badge parking spaces. Website: www.hillier.co.uk/garden-centres/locations/eastbourne

Holly Blue, Hailsham Road, Stone Cross, BN24 5BU. 01323 763212. Wheelchairs Accessible. Car Parking with Blue Badge bays. Wheelchair toilet. Website: www.hollybluepubpevensey.co.uk/

Holywell Tea Chalet, King Edwards Parade BN20 7XB. 01323 410220. Cafe access via tarmac slope, small seating area inside which is wheelchair accessible, large area outside. Public toilets including wheelchair accessible on lower promenade. Website: <https://www.holywellteachalet.co.uk/>

Pablo's, The Waterfront, Sovereign Harbour, BN23 5UZ. 01323 470400. Seating area inside and out. Wheelchair toilet. Website: www.pablos-eastbourne.co.uk/

Perch Princes Park, Princes Park, Royal Parade BN22 7AE. 01323 325757. Open 9am to 4pm Mon – Sat, 9am – 7pm Sun. Accessible cafe and kiosk within Princes Park, level access. Views of the lake. Some seating outside. Toilets plus public toilets including wheelchair accessible on side of cafe. Website: <https://princesperch.com/>

Pizza Express, Cornfield Road, BN21 4QH. 01323 649466. Wheelchair accessible and wheelchair toilet. Website: www.pizzaexpress.com/eastbourne

Prezzo Italian Restaurant. 01323 722667. 1 Terminus Buildings, Upperton Road, BN21. Wheelchair accessible and wheelchair toilet. Large print menus available Website: www.prezorestaurants.co.uk/restaurant/eastbourne/

Qualisea Fish Restaurant, 189 Terminus Road. BN21 3DH. 01323 725203. Wheelchair toilet. Website: www.qualiseafishrestaurant.co.uk/

Rodmill – Flaming Grill, Rangemore Drive BN21 2QP. 01323 731784. Blue Badge Space, Wheelchair Toilet. Main areas level. Website: <http://www.flaminggrillpubs.com/pub/rodmill-eastbourne/c6206/>

Shades Restaurant, Beacon Centre. Tel; 01323 643995. Large dining area, serving snacks and hot meals. Staff are happy to help with any additional needs. Accessible toilets, available opposite central eating area.

Simply Italian, 10 The Waterfront, Sovereign Harbour. BN23 5UZ. 01323 470911. Dining areas inside and out. Wheelchair toilet. Blue badge parking in Waterfront car park. ESCC carers card holder discount 10% off food. Website: www.simplyitalian.co.uk/

St Wilfrid's Hospice – The Street Cafe, 1 Broadwater Way BN22 9PZ. 01323 434200. Open to the public 9-5 everyday. Fully accessible, Wheelchair toilet, parking and spaces blue badge holders. Website: www.stwhospice.org/

The Beachy Head Hotel, BN20 7YA. 01323 728060. Dining areas inside and out, blue badge parking, wheelchair toilet. Wonderful views from restaurant. (No accommodation). Website: <https://www.vintageinn.co.uk/restaurants/south-east/thebeachyheadeastbourne>

The Berwick Inn, Station Road, Berwick, Polegate BN26 6SZ. 01323 870018. Large car park, accessible outside eating area, some tables undercover and path to playground. Ramped side door into restaurant. Wheelchair toilet. Website: <https://theberwickinn.com/>

The Farm, Friday Street. BN23 8AP. 01323 766049. Wheelchair access at back where blue badge parking spaces are. Level access to bar and main dining area. Wheelchair toilet. Small grass garden area with seating. Website: <https://www.thefarmfridaystreet.co.uk/>

The Harvester, 29 The Waterfront, Sovereign Harbour, BN23 5UZ. 01323 470074. Open daily 9am – 10pm. Disabled parking, disabled toilet, baby changing. Level access to bar and dining area with outside seating and a view of the harbour. Website: <https://www.harvester.co.uk/restaurants/southeast/thesovereignharboueastbourne>

The Mill, Willingdon Drove, Langney, BN23 8AL. 01323 460809. There is a lip to main doorway. The middle section of the pub is accessible, but it is advisable to call and book a table if you require a table in this area. Wheelchair toilet. Children welcome as part of family dining party. Adequate parking. Website: www.hungryhorse.co.uk/locations/mill

The Old Town Café (JPK Project), 39-41 Church Street, Old Town, BN21 1HP. 01323 304591. Open every day 9 to 4 except Saturdays (Closed). Level access, electric front door entrance, level spacious cafe. Accessible toilet. Car park. Website: www.thejpkproject.co.uk/

The Pavilion Café & Bar, by the Redoubt Fortress, BN22 7AQ. 01323 410374. Ramp to entrance. Wheelchair toilet. Outside seating on patio area overlooking the sea. Open daily 10:00am - 5:00pm. (Close 4pm Nov-March). Website: <http://www.visiteastbourne.com/Eastbourne-The-Pavilion/details/?dms=3&venue=3410462>

The Pilot Inn, 89 Meads Street, BN20 7RW. 01323 723440. Car park. Front entrance has lip/step more suitable to manual wheelchairs and walking aids than power wheelchairs. Accessible toilet. Spilt level garden area – the top level is accessible. Website: <http://pilot-inn.co.uk/>

The Rainbow, Star Road, BN21 1NB 01323 731158. The entrance has 4 steps with alternative ramped side entrance. Recent refurbished garden and interior spaces. Accessible toilet. <https://www.therainboweastbourne.co.uk/>

The Red Lion, Lion Hill, Stone Cross, Pevensey BN24 5EG. 01323 761468. One blue badge space in front car park more parking at rear. Ramped front entrance, portable wooden ramp available to get over lip of main door. Accessible toilet. Spacious dining room. Large ramped decked area at rear. Back door has high threshold. <http://www.redlionstonecross.co.uk/>

Toby Carvery, Willingdon Drove, Langney, BN23 8AS. 01323 507222. Fully Accessible. Level parking. A traditional carvery plus fresh alternatives. Wheelchair toilet. Website: <http://www.tobycarvery.co.uk/restaurants/south-east/willingdondroveeastbourne>

Towner Cafe, Devonshire Park, College Road, BN21 4JJ. 01323 434670. Accessible by lift. Wheelchair toilet. Large print menus are available on request. Blue Badge parking adjacent to Towner. Website: www.townereastbourne.org.uk/visit/urban-ground/

Treacle Mine, Polegate Roundabout, BN26 6QL. 01323 489520. Blue Badge spaces, ramped to entrance, Level access, throughout restaurant and garden. Wheelchair toilet. Website: <https://www.whitbreadinns.co.uk/en-gb/locations/treacle-mine>

Wetherspoons, 21 Cornfield Road BN21 4QD. 01323 419670. Large one level dining / bar area. Spacious layout of tables. 2 Accessible toilets – 1 for both genders and 1 in the ladies. Braille menus available. Staff happy to read menus if people require this. <https://www.idwetherspoon.com/pubs/all-pubs/england/east-sussex/cornfield-garage-eastbourne>.

Volunteers Network, Langney Community Café, Langney Community Centre, Etchingam Road, BN23 7DX. Open 8.30am to 2pm Tues, Wed and Thurs. Local arts, crafts and produce for sale. The centre is accessible with ramp to main front entrance. Two accessible toilets. There is a stair lift by the rear entrance door for steps into the cafe. For wheelchair users who cannot transfer there are two other level access ways into the cafe, ask staff /volunteers on duty. <https://www.facebook.com/LangneyCommunityCentre/>

This is not a complete list, only suggestions; please let us know of any additional restaurants and cafes that we can include in future.

Whilst every care has been taken in compiling this information, Eastbourne Access Group and Visit Eastbourne cannot be held responsible for any inaccuracies. Residents and visitors are advised to telephone the restaurant /cafes for further details on access and to discuss individual needs.

Updated March 2022.