

Subject: INFORMATION: Here to Help ...
Date: Tuesday, 31 March 2020 at 15:44:21 British Summer Time
From: EHA Secretary
Attachments: image001.png

Dear Member

Please see below a message from your Exec Team:

Dear member,

As we adjust to the new Corona Virus guidelines of closing our businesses, staying at home and adopting social distancing - we wanted to check in with you and find out if there are any of our members who might be feeling vulnerable or struggling with isolation.

The word "unprecedented" is being used a lot at the moment and these times are the most strange and anxiety provoking, not only for our businesses but also the new way of living.

If you are *struggling* or *feeling vulnerable* we want you to know that you are not alone and as an Association we are here to offer support.

Therefore, if you feel comfortable to do so, then please contact the office, so we can understand better and see what we can do to help support you.

We will then follow up with some ideas to get involved in, one of which is a virtual group coffee and chat. Your ideas are also very welcome so please do send them in.

With best wishes

Your Exec Team

Take care, kind regards & be safe

--

Yvette Cowderoy

Association Secretary

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